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| **LEAD ENCINA - Identifying Emotions in Conflict**  **Materials Needed**: | |
| **Welcome** | Phone, speaker, classroom binder, name tags, snacks, attendance list, markers/pens, clipboards, hand sanitizers, masks |
| **Conflict Wordsearch** | Papers, Markers, highlighters |
| **Emoji Charades** | Emoji Cards – words and pictures |
| **Make a skit** | N/A |
| **Journal Time** | Journals, writing utensils |

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| Objectives |
| Participants should be able to:   1. Identify different emotions involved in conflict 2. Name conflict resolution strategies that they can use in their lives |

**Welcome Students – 20 min**

Before students enter...

1. Set up check-in materials at the door. Check-in materials = Attendance list, name tags, notebooks, markers/pens, snacks and drinks.
2. Have music playing.
3. Hang Eid Mubarak sign!

**Remaining Coaches:** Prepare the room by moving desks/chairs into groups of four-five. As students enter‘Welcome them Back’ and introduce yourself to new folks, helping verify they’re in the right room. Girls = Q4 and Boys = Q5

**Coach #1:** Leads check-in by greeting students, checking them in on the attendance list and ***writing nametags at the tables***. Offer them a snack. Invite them to find a seat wherever they are comfortable.

Set out snacks/food/candy bags etc. Let’s start the day with a little party!

Check in on our goals!

1. Any progress? What can we do to help you work towards this goal?
2. What can we do this week to get one step closer to our goal? Write it in my journal.

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*Transition:*

Last time we had a great discussion about conflict and some different situations/circumstances that we experience it in...today we’re going to dive deeper and talk about how identifying emotions and gathering information can be helpful in conflict resolution. First, we’re going to play a fun game, similar to one we played a few weeks ago...

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**ICE BREAKER: Emoji Charades – 15 min**

**Table Coaches** (15 minutes)

1. Collect your Emoji Charades cards from wagon
2. Head outside to play game:
   1. Each student will take turns selecting a card that has an emotion, or scene on the card.
   2. Students cannot speak during their turn and have to act out the emotion or scene until their team guesses it.
   3. If their teammates guess the card, they get to keep that card.
   4. Set a timer for 5 minutes and see who can collect the most cards.

**Understanding Conflict:** *StopLight Exercise* **20-30 min**

**Lead Group Coach -** Instructions:

1. In your groups, have pairs come up with a conflict and act it out for their group.
   1. Rules: Everyone has to speak in the skit!
   2. You have to have a CONFLICT!
   3. Can be silly or serious...has to be at least two people arguing.
2. Options of skits:

Discussion Questions:

1. Now that we’ve been talking about how we can react to different situations...what do you guys think are some steps to solving a conflict?
   1. What are the pros and cons/ positives and negatives to each of these strategies...
   2. What solutions have you used before? Have you not used before?
   3. Is one more difficult than the other?
2. Why is resolving conflict important in leadership?

Important take aways:

1. As a leader it is important to …
   1. Communicate
   2. Seek to understand, ask questions
   3. Act with Empathy (understanding someone else’s perspective)
   4. Understand the consequences of your decision
   5. Confident in your decision!

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**Closing**

**Coaches:** Begin cleaning the room, and moving desks back to where they were if needed.

Stay after to debrief.